

# Workshop Topics:

**Animal Husbandry**

**Aquaculture/Aquaponics**

**Bee Keeping**

**Community Project Design**  
(limited to 10 participants)

**Ethnic Marketing**  
(limited to 10 participants)

**Living Biological Worm Systems**

\* **Vermiculture**

\* **Composting**

**Year-round Greenhouse Production**

Other workshops may include: Record keeping/accounting, Mushroom growing, farm animal care, soap making, and cheese making.

# Sponsors and partners



**For more information or to register, contact:**

Morse Brown  
*MIFFS Multicultural Farmers Program Manager*  
Ph: (269) 208-1443

Barbara Norman  
*MIFFS Multicultural Farmers Program Assistant*  
Ph: (269) 208-4588



**GROWING POWER INC.**

in conjunction with

USDA Risk Management Agency and SARE:  
Sustainable Agriculture Research and Education  
present:

## “Growing Your Community from the Ground Up”

**April 13-15, 2007**  
Milwaukee, WI



# "Growing Your Community from the Ground Up"

"Growing Your Community Food System" is an intensive, hands-on training workshop offering diverse groups the opportunity to learn, plan, develop, operate, and sustain community food projects. Project participants leave the workshop with improved skills that they can take back into their communities and pass on to others. These workshops are for both rural and urban projects.

These workshops put organizations, projects, and food producers in touch with each other to help build collaborations and long-term, sustainable partnerships.

Please come prepared to get your hands dirty! Leave your dress shoes at home and wear your farmer duds – this is not a dressy training event. Bring work shoes, warm layers of clothing – the greenhouses are very warm and it can be very cold outside. Workshops often take place in both settings.

Growing Power is a NO SMOKING area. Do not plan on smoking on the site.

Read more about Growing Power and these workshops online at [www.growingpower.org](http://www.growingpower.org).



Limited scholarships are available for registration.

To attend the Growing Power Weekend Workshops, please contact:

Morse Brown, *MIFFS Multicultural Farmers Program Manager*  
Ph: (269) 208-1443

Barbara Norman, *MIFFS Multicultural Farmers Program Assistant*  
Ph: (269) 208-4588

Bus transportation and hotel costs will be provided in scholarships. Participants must provide the cost of snacks, meals and other needed incidentals expenses on the trip.

Scholarship Registrations will be available for 40 participants. MIFFS will accept participants to attend the Growing Power Weekend Workshops based on their past participation in MIFFS Multicultural Farmers programs and their application of program information and education from previous workshops.

This opportunity is sponsored by the Michigan Food & Farming Systems - MIFFS Multicultural Farmers Program, sponsored by the USDA Risk Management Agency (RMA).

Emergency contact information:  
Growing Power, Inc.: 414-527-1546  
La Quinta Inn: 414-535-1300

## Workshop Agenda:

### FRIDAY

6:10 AM Arrive at Barbara Norman's Farm: 75127 28th St. Covert, Michigan 49043

6:20 AM The bus will leave Barbara's Farm at 6:20 AM promptly, in route to Growing Power, Inc., Milwaukee, Wisc.

11:30 AM (Central Standard Time) Arrive at Milwaukee Public Market, 400 North Water Street, Milwaukee, Wisc. Friday's visit will include an afternoon tour of the Milwaukee's Farmers Market and a visit to the Growing Power Farms south of Milwaukee.

6:30 PM Check into La Quinta Inn  
All meals are on your own.

### SATURDAY

7:30 AM Leave for Growing Power for discussions and workshops of your choice all day. All meals are included.

7:30 PM Leave Growing Power for hotel

### SUNDAY

8:00 AM Leave for Growing Power

1:30 PM Leave Growing Power for return trip to Covert, Mich.  
All meals included.